## **GENERAL STUDIES**

DATE	SUBJECT	ACTIVITY
		HOSPITALITY N4
6 July 2020 (Monday)	Nutrition and Menu Planning	COVID 19 Information Session - Attend & Listen
	N4	Module 1: The Five Basic Food Groups (Listen to
On - site		videos and lecture, make notes and do question)
		https://www.youtube.com/watch?v=0KbA8pFW3tg
		https://www.youtube.com/watch?v=L9ymkJK2QCU
		1.1 Sources
		Tabulate the five basic food groups, with
		applicable food sources
		(p 1-6 Notes & p 2-8 Future)
		1.2 General functions
		Indicate the general functions of each food
		group
		(p 1-6 Notes & p 2-8 Future)
7 July 2020		DHET November 2015
(Tuesday)		Question Paper - Question 1 and 2
		Write (revision/exercise):
		Question
		Answer
		Page number were answer was found
8 July 2020		Module 1: The Five Basic Food Groups (Listen to
(Wednesday)		lecture, make notes and do question)
_		1.1 Sources (Fats and Oils)
On - site		Tabulate the five basic food groups, with
		applicable food sources
		(p 1-6 Notes & p 2-8 Future)
		1.2 General functions (Fats and Oils)
		Indicate the general functions of each food
		group
0. 1010 2020	-	(p 1-6 Notes & p 2-8 Future)
9 July 2020		DHET November 2015
(Thursday)		Question Paper - Question 3 and 4 Write (revision/exercise):
		• Question
		<ul> <li>Answer</li> </ul>
10 101 2020	-	Page number were answer was found
10 July 2020		DHET November 2015 Question Paper
(Friday)		✓ Question $1 - 4 ✓$
		• Mark
		Do corrections in pencil or another colour pen
		Go search for correct answers in textbooks/notes
		Study correct questions and answers
		Mark, do corrections and study questions done on 6
		and 8 July 2020
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